



Prospectus

Level 6 Diploma in Transpersonal Psychology

Ofqual-Verified | Bachelor's Degree Level

Welcome

Welcome to the **Institute of Developmental Transpersonal Psychology**.

The Institute offers a rigorous and integrative approach to psychology that brings together **scientific understanding, philosophical inquiry, and transpersonal perspectives**. Our work recognises mind, body, spirit, and consciousness as essential dimensions of the human experience.

This prospectus outlines the **Level 6 Diploma in Transpersonal Psychology**, an academically robust programme designed for **experienced professionals** who wish to deepen their understanding of consciousness, meaning, spirituality, and psychological development within an ethical and evidence-informed framework.

Mission Statement

Our mission is to provide **high-quality Level 6 education** in Transpersonal Psychology that supports mature, reflective engagement with the full spectrum of human experience.

By integrating psychological science with transpersonal perspectives, the programme supports professionals working across:

- mental health
- education
- leadership
- end-of-life and existential care

Core Values

Holism

We recognise the interdependence of mind, body, and spirit in psychological development.

Consciousness Inquiry

We treat altered, expanded, and non-ordinary states of consciousness as legitimate subjects of academic and psychological study.

Ethical Responsibility

We emphasise consent, scope, cultural humility, and professional boundaries when engaging spiritual material.

Developmental Learning

Learning is understood as a process of intellectual, emotional, and reflective development.

About the Qualification

The **Level 6 Diploma in Transpersonal Psychology** is an **Ofqual-verified qualification**, academically equivalent to a **Bachelor's Degree (Level 6)**.

The programme is intended for:

- practising psychotherapists, counsellors, psychologists, coaches, and allied professionals
- or individuals with **5+ years' experience working with people** in relevant professional, facilitative, or care-based roles

This diploma **does not train new practitioners**, nor does it replace clinical or professional qualifications. It is designed to **inform, deepen, and ethically support existing professional practice**.

Duration: 1 year

Total Study Time: 370 hours

Programme Overview

The Level 6 Diploma introduces students to the core theories, research, and debates within Transpersonal Psychology, alongside a broad grounding in psychological science.

Students explore:

- consciousness studies
- spirituality and meaning-making
- psychological development and transformation
- ethical engagement with transpersonal experience

The programme balances **academic rigour** with **reflective and experiential inquiry**, supporting depth of understanding without loss of professional grounding.

Key Modules

- Exploration of Contemporary Mental Healthcare
- Introduction to Transpersonal Psychology
- Dual Brain Science & States of Consciousness
- The Science of Spirituality
- Thanatology: Death, Dying & Bereavement
- Neurology: Polyvagal Theory
- Transpersonal Modalities (theoretical and contextual study)

Learning Outcomes

By the end of the programme, students will be able to:

- Demonstrate a critical understanding of Transpersonal Psychology
- Analyse models of consciousness and spiritual development
- Evaluate research and contemporary debates in the field
- Integrate transpersonal perspectives ethically within their professional role
- Communicate complex psychological and spiritual concepts with clarity and discernment

Areas of Study (Summary)

- Neuroscience and hemispheric models of perception
- Integrated consciousness and meaning-making
- Spiritual competencies and ethical engagement
- Death, dying, grief, and existential psychology
- Autonomic regulation and relational safety
- Symbolic, contemplative, and experiential approaches (contextual study)

Course Structure & Commitment

- Weekly recorded lectures
- Reflective written responses
- Peer discussion and engagement
- Bi-weekly live online seminars (minimum 80% attendance)

Average monthly commitment: ~33 hours

What Level 6 Adds to Professional Practice

This programme refines **how professionals think, listen, and respond**, rather than teaching techniques.

Graduates typically report:

- greater depth without loss of grounding
- improved ethical discernment in spiritual material
- more sophisticated listening and meaning-tracking
- clearer language for complex inner experience
- increased confidence working beyond reductionist models
- a shift from technique-led to capacity-led understanding

Admissions Requirements

Applicants must demonstrate:

- a qualification in psychology **and/or**
- **5+ years' experience** working with people in a relevant professional or facilitative role

Plus:

- personal statement
- interview with an Institute facilitator

Recognition of Prior Learning (RPL)

Formal, informal, and experiential learning may be recognised through the Institute's RPL process, ensuring accessibility while maintaining Level 6 academic standards.

English as an Additional Language (EAL)

Support includes academic writing guidance, inclusive teaching approaches, and assessment accommodations where appropriate.

How to Apply

To request an application form or further information, please contact:

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