



# Prospectus

## Level 6 Diploma in Transpersonal Psychology

Ofqual-Verified | Bachelor's Degree Level

### Welcome

Welcome to the **Institute of Developmental Transpersonal Psychology**.

The Institute offers a rigorous and integrative approach to psychology that brings together **scientific understanding, philosophical inquiry, and transpersonal perspectives**. Our work recognises mind, body, spirit, and consciousness as essential dimensions of the human experience.

This prospectus outlines the **Level 6 Diploma in Transpersonal Psychology**, an academically robust programme designed for **experienced professionals** who wish to deepen their understanding of consciousness, meaning, spirituality, and psychological development within an ethical and evidence-informed framework.

### Mission Statement

Our mission is to provide **high-quality Level 6 education** in Transpersonal Psychology that supports mature, reflective engagement with the full spectrum of human experience.

By integrating psychological science with transpersonal perspectives, the programme supports professionals working across:

- mental health
- education
- leadership
- end-of-life and existential care

# Core Values

## **Holism**

We recognise the interdependence of mind, body, and spirit in psychological development.

## **Consciousness Inquiry**

We treat altered, expanded, and non-ordinary states of consciousness as legitimate subjects of academic and psychological study.

## **Ethical Responsibility**

We emphasise consent, scope, cultural humility, and professional boundaries when engaging with spiritual material.

## **Developmental Learning**

Learning is understood as a process of intellectual, emotional, and reflective development.

# About the Qualification

The **Level 6 Diploma in Transpersonal Psychology** is an **Ofqual-verified qualification**, academically equivalent to a **Bachelor's Degree (Level 6)**.

The programme is intended for:

- practising psychotherapists, counsellors, psychologists, coaches, and allied professionals
- or individuals with **5+ years' experience working with people** in relevant professional, facilitative, or care-based roles

This diploma **does not train new practitioners**, nor does it replace clinical or professional qualifications. It is designed to **inform, deepen, and ethically support existing professional practice**.

**Duration:** 1 year

**Total Study Time:** 370 hours

# Programme Overview

The Level 6 Diploma introduces students to the core theories, research, and debates within Transpersonal Psychology, alongside a broad grounding in psychological science.

Students explore:

- consciousness studies
- spirituality and meaning-making
- psychological development and transformation
- ethical engagement with transpersonal experience

The programme balances **academic rigour** with **reflective and experiential inquiry**, supporting depth of understanding without loss of professional grounding.

## Key Modules

- Exploration of Contemporary Mental Healthcare
- Introduction to Transpersonal Psychology
- Dual Brain Science & States of Consciousness
- The Science of Spirituality
- Thanatology: Death, Dying & Bereavement
- Neurology: Polyvagal Theory
- Transpersonal Modalities (theoretical and contextual study)

## Learning Outcomes

By the end of the programme, students will be able to:

- Demonstrate a critical understanding of Transpersonal Psychology
- Analyse models of consciousness and spiritual development
- Evaluate research and contemporary debates in the field
- Integrate transpersonal perspectives ethically within their professional role
- Communicate complex psychological and spiritual concepts with clarity and discernment

## Areas of Study (Summary)

- Neuroscience and hemispheric models of perception
- Integrated consciousness and meaning-making
- Spiritual competencies and ethical engagement
- Death, dying, grief, and existential psychology
- Autonomic regulation and relational safety
- Symbolic, contemplative, and experiential approaches (contextual study)

## Course Structure & Commitment

- Weekly recorded lectures
- Reflective written responses
- Peer discussion and engagement
- Bi-weekly live online seminars (minimum 80% attendance)

**Average monthly commitment:** ~33 hours

## What Level 6 Adds to Professional Practice

This programme refines **how professionals think, listen, and respond**, rather than teaching techniques.

Graduates typically report:

- greater depth without loss of grounding
- improved ethical discernment in spiritual material
- more sophisticated listening and meaning-tracking
- clearer language for complex inner experience
- increased confidence working beyond reductionist models
- a shift from technique-led to capacity-led understanding

## Admissions Requirements

Applicants must demonstrate:

- a qualification in psychology **and/or**
- **5+ years' experience** working with people in a relevant professional or facilitative role

Plus:

- personal statement
- interview with an Institute facilitator

## Recognition of Prior Learning (RPL)

Formal, informal, and experiential learning may be recognised through the Institute's RPL process, ensuring accessibility while maintaining Level 6 academic standards.

## English as an Additional Language (EAL)

Support includes academic writing guidance, inclusive teaching approaches, and assessment accommodations where appropriate.

## How to Apply

To request an application form or further information, please contact:

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