



Level 6 Diploma in Transpersonal Psychology

(RQF Level 6 – Bachelor’s Degree Level Study)

About the qualification:

The Level 6 Diploma is a part-time, one-year online programme.

It is designed and delivered through the British Transpersonal Association &

The Institute For Transpersonal Consciousness Education

Awarded through Crossfields Institute

Regulated by the Office of Qualifications and Examinations Regulation (Ofqual)

The Level 6 Diploma is part of the UK Regulated Qualifications Framework (RQF) and is internationally recognisable through the Ofqual-regulated UK qualifications system.

This Level 6 Diploma is positioned at the same academic level as final-year Bachelor’s degree study within the UK Regulated Qualifications Framework (RQF).

Rather than covering the full breadth of a traditional psychology degree (which typically consists of 360 credits across Levels 4–6 and may take 4–6 years part-time), this qualification offers 37 Level 6 credits representing advanced specialist study in Transpersonal Psychology.



CFI Level 6 Diploma in Transpersonal Psychology

Qualification summary

Qualification type Vocationally-Related Qualification

Qualification level Level 6

Qualification number 610/4937/2

What is Transpersonal Consciousness Education?

The goal of Transpersonal Consciousness Education is to explore the development of human consciousness beyond purely reductionist models of mind and reality.

It integrates insights from Transpersonal Psychology, consciousness studies, phenomenology, neuroscience, philosophy, symbolism, contemplative practice, and human development to support deeper awareness, meaning, relational understanding, and conscious participation in life.

Rather than viewing education as the transfer of information alone, Transpersonal Consciousness Education approaches learning as a developmental and transformative process involving mind, body, imagination, emotion, relationship, and lived experience.

It encourages critical reflection on inherited assumptions, conditioned perception, and cultural narratives, while remaining grounded in open inquiry, scientific exploration, and experiential understanding.

At its core, Transpersonal Consciousness Education recognises that human beings are relational, meaning-making participants within a wider web of life, consciousness, culture, and nature.

This approach values:

- lived experience alongside intellectual inquiry,
- symbolic and imaginative ways of knowing,
- embodied and relational learning,
- curiosity, reflection, and ethical awareness,
- and the cultivation of deeper capacities of consciousness.



This path is for you if you:

- Are a practising psychotherapist, counsellor, psychologist, coach, or allied professional
- OR have been working with people in a helping, care, facilitation, or leadership role for 5+ years
- Want a formally recognised Level 6 qualification in Transpersonal Psychology
- Are looking to integrate spirituality, meaning, and expanded states of consciousness into your existing professional framework - ethically and responsibly

What this pathway offers:

This pathway is suitable for both established professionals and experienced individuals who have spent significant time supporting, guiding, teaching, facilitating, caring for, or leading others.

This includes those working within:

- psychology and psychotherapy
- counselling and coaching
- facilitation and group work
- education leadership and mentoring
- wellbeing and holistic practice
- spirituality and pastoral care
- grief, end-of-life, and Thanatology-informed work
- community, creative, and human development settings

The programme is particularly suited to individuals seeking a deeper understanding of human consciousness, meaning, spirituality, development, grief, transformation, and expanded states of consciousness.

Whilst academically rigorous, the course also values lived experience, reflective capacity, emotional maturity, and ethical presence.



Intended Learning and Developmental Outcomes

This programme is designed to deepen inquiry into human consciousness through psychological, transpersonal, philosophical, neuroscientific, and experiential perspectives.

By the end of the programme, learners should be able to:

- Critically reflect on human consciousness, development, perception, meaning, and transformation
- Explore the relationship between psychology, spirituality, neuroscience, and expanded states of consciousness with greater depth and nuance
- Engage transformative and non-ordinary experiences with increased grounding, discernment, ethical awareness, and reflective capacity
- Integrate symbolic, relational, embodied, and experiential perspectives into personal and professional understanding
- Develop greater sensitivity to the relationship between psychological processes, spiritual experience, identity, grief, meaning, and human development
- Communicate transpersonal concepts with greater clarity across professional, academic, and interdisciplinary contexts
- Apply reflective and integrative approaches to wellbeing, development, leadership, facilitation, or helping roles
- Integrate insight and self-awareness into everyday life, relationships, and professional practice



What makes Transpersonal Psychology different from traditional psychology study?



The Level 6 Diploma includes the following learning pillars:

Traditional psychology programmes often focus primarily on diagnosis, pathology, cognition, behaviour, and evidence-based interventions. While these areas are important, they can sometimes leave little room for deeper questions surrounding meaning, spirituality, consciousness, creativity, symbolism, transformation, grief, intuition, and the human search for purpose.

The Level 6 Diploma takes a more holistic and integrative approach

Alongside contemporary neuroscience and neurobiology, the training explores spirituality, Thanatology, post-life consciousness, and experiential modalities that support self-awareness and transformation. Rather than reducing human experience purely to symptoms or mechanisms, the programme encourages learners to explore the psychological, biological, symbolic, relational, existential, and transpersonal dimensions of being human.

The course is also highly experiential. Learners are not only introduced to theory - they are invited to reflect deeply on their own development, consciousness, nervous system states, symbolic processes, and ways of relating to others. This creates a form of learning that is intellectually rigorous whilst also personally transformative.



Neuroscience

Understanding the brain as the organ of perception, meaning, and relationship. This unit explores how brain structure and function shape perception, identity, and experience. Drawing on contemporary neuroscience and hemispheric research, students examine how attention, narrative, emotion, and awareness are organised in the brain - and how different modes of consciousness arise. Emphasis is placed on integration rather than reduction, supporting a nuanced understanding of mind and meaning.



Neurobiology

The lived body and Somatic Sensing as the foundation of experience and regulation. Neurobiology focuses on the embodied nervous system and its role in safety, threat, connection, and regulation. Students explore autonomic states, neuroception, and relational biology, learning how psychological and spiritual experiences are shaped by physiological processes. This pillar grounds transpersonal work in the body, supporting ethical, stabilising, and integrative practice.



Spirituality

The psychological study of meaning, values, and transcendence. This pillar examines spirituality as a universal human dimension rather than a belief system. Students explore spiritual development, spiritual competencies, and the role of meaning, purpose, and values in psychological wellbeing. The focus is on ethical engagement with spiritual experience across cultures and worldviews, without dogma or belief imposition.





Thanatology

Death, dying, grief, and existential meaning.

Thanatology addresses the psychological, cultural, and spiritual dimensions of death and loss. Students study grief processes, end-of-life ethics, death anxiety, and the concept of a “good death,” alongside sociological and historical perspectives. This pillar supports mature engagement with mortality as a central dimension of human meaning and transformation.



Post-Life Consciousness

Critical inquiry into consciousness beyond the individual lifespan.

This pillar explores theories and research concerning the continuation of consciousness after death. Students engage critically with near-death experiences, out-of-body experiences, cross-cultural afterlife beliefs, and philosophical debates surrounding the nature of consciousness. The emphasis is on open inquiry, epistemological humility, and psychological impact rather than metaphysical certainty.



Modalities

Ways of knowing, exploring, and integrating experience.

The Modalities pillar introduces a range of transpersonal, symbolic, contemplative, and reflective approaches used to explore inner experience. These are studied theoretically and contextually, with attention to ethics, scope, and integration. The focus is not on technique mastery, but on understanding how different modalities support meaning-making, regulation, and psychological development.



Modalities:

Experiential Approaches:

Creativity, Expressive Arts and Ecotherapy, Transpersonal Hypnotherapy, Micro-Phenomenology, Jungian Active Imagination, Archetypal/Symbolic Exploration, EMDR, Meditation, Somatic Sensing, Intuition and, Flow Writing, Philosophical Exploration, Dream Work, Breathwork, Plant Medicine

Theoretical Exploration:

Mystical Experiences are the encountering of transcendence, unity, or connection with a higher power or the cosmos. These experiences are spontaneous (such as a Near-Death Experience, or a Shared-Death Experience) or intentional such as breathwork, sensory deprivation, or emerging research surrounding psychedelic-assisted and plant medicine-related experiences.



Developmental Transpersonal Psychology & The Seven Transpersonal Stages



The programme is informed by the emerging field of Developmental Transpersonal Psychology - an integrative approach exploring how human consciousness, identity, meaning, spirituality, creativity, and psychological development evolve across the lifespan.

Central to the programme is The Seven Transpersonal Stages - a developmental framework exploring the movement from imagination and curiosity through creativity, expanded consciousness, wisdom, spirituality, and love.

The model proposes that human development is not simply the reduction of symptoms, but the gradual expansion of awareness, integration, relational depth, and ethical consciousness.

The Seven Transpersonal Stages describe the developmental unfolding of human consciousness - from imagination and curiosity through to wisdom, spirituality, and love.

Rather than viewing consciousness as fixed, this framework explores how awareness can deepen through symbolic insight, creativity, expanded states, relational understanding, and lived experience.

Together, the stages form a developmental pathway for Transpersonal Consciousness Education, supporting the cultivation of meaning, self-awareness, ethical presence, and conscious participation in life.



IMAGINATION

The Imaginal Dimensions of Consciousness

Transpersonal awakening begins by restoring our fuller spectrum of knowing. Through the imaginal realm — where image, intuition, symbolism, and embodied insight converge — we reawaken the relational, intuitive, and meaning-making dimensions of consciousness.



CURIOSITY

Consciousness Drawn Toward Meaning

Curiosity initiates the seeker's path - the movement of consciousness toward something beyond the conditioned egoic self. This is the beginning of inquiry, the first stirrings of Transpersonal Intelligence. The longing for meaning, healing, purpose, and transcendence reflects a developmental impulse within human consciousness itself.

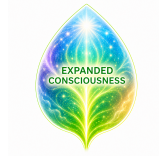


CREATIVITY

Consciousness Becoming Expressive

Creativity is the moment when inner consciousness seeks form in the world. What once stirred invisibly within now moves toward expression through image, language, movement, relationship, or ritual - making inner experience visible, shareable, and transformative.





EXPANDED STATES OF CONSCIOUSNESS

Beyond Consensus Awareness

A person opens to altered and expanded modes of consciousness through practices such as meditation, dreams, Transpersonal Inquiry, psychedelics, contemplative states, or spontaneous insight. These experiences can reveal dimensions of reality that extend beyond ordinary perception, requiring grounding, reflection, and integration.



WISDOM

The Maturation of Consciousness

Wisdom is not merely the accumulation of knowledge, but the maturation of consciousness itself. It reflects the capacity to discern truth through ethical awareness, relational depth, intuition, reflection, and compassionate presence. This developmental unfolding forms the basis of Transpersonal Intelligence.



SPIRITUALITY

Consciousness in Relationship with the Sacred

Life is experienced not as random or purely mechanistic, but as infused with symbolic, archetypal, and sacred meaning. Consciousness begins to recognise itself as participating within a larger web of life, relationship, mystery, and existence.



LOVE

Consciousness as Relational Wholeness

The culmination of transpersonal development reveals love not as sentimentality, but as a mode of conscious being. Love becomes an embodied relational presence — a lived awareness of connection with self, others, nature, and life itself. From this place, love is no longer something merely felt or exchanged, but recognised as the ground of shared existence.





AIME: A Framework for Integration and Meaning-Making

Alongside The Seven Transpersonal Stages, the programme introduces the AIME framework - an approach designed to support reflection, integration, and meaning-making within transpersonal and transformative experience.

AIME stands for:

- **A – Aspects:** cultivating grounded, non-intrusive attention
- **I – Into:** moving into the lived and embodied field of experience
- **M – Metaphor:** allowing meaning to emerge through image, symbol, and metaphor
- **E – Emergence:** supporting integration at a sustainable pace

Rather than analysing or imposing interpretation, AIME supports a reflective and ethically grounded way of engaging human experience - particularly in areas involving spirituality, grief, transformation, existential questioning, and expanded states of consciousness.

Central to AIME is the understanding that development is not measured by the intensity of altered states, but by the maturity, integration, and relational capacity they leave behind.



An Invitation to Explore Further

LEVEL 6 DIPLOMA
(Bachelor's Degree Level Study)
IN
**TRANSPERSONAL
PSYCHOLOGY**



INSTITUTE FOR
TRANSPERSONAL
CONSCIOUSNESS
EDUCATION

Educational Division
BritishTranspersonalAssociation.org

This programme is designed for those who feel drawn to explore the deeper dimensions of human consciousness, development, meaning, and transformation through a psychologically grounded and academically rigorous transpersonal framework.

Whether you are an established professional, an experienced facilitator, or someone seeking a more integrative understanding of human experience, the pathway invites reflective inquiry into the relationship between psychology, spirituality, neuroscience, embodiment, ethics, and expanded states of consciousness.

If this approach resonates with you, we invite you to explore the programme further.

Programme Investment

The Level 6 Diploma is a one-year, part-time online programme.

Programme fee: £4,500

Flexible payment plans are available.

For further information, application details, or an informal conversation with one of our team about suitability for the pathway, please use the contact form on the site or contact us:

admin@britishtranspersonalassociation.org

